



PREALPES D'AZUR

A journey between mountains and sea.

Did you say «authentic»? It's an adjective that applies perfectly to this hilly hinterland of hills, «baous» and plateaus, which stretches from Valbonne to the perched villages of the French Riviera Pre-Alps.

Petit Futé presents this new title devoted to this territory with three faces: firstly, the southern hills that border the Côte d'Azur, overlooking the sea. Then, the white cliffs of the «Baous», split by the Gorges du Loup. And finally, higher up, the limestone plateaus that make the transition to the high country.

This multiple identity card is the insurance to offer to the travellers, in this bubble with an advantageous microclimate, varied and splendid landscapes, a multitude of nature activities, rich cultural discoveries and a warmest welcome. The hills that border the Côte d'Azur, like a protective amphitheatre, have seen the villages flourish. Valbonne, Chateaufort, Opio, le Rouret, Roquefort-les-Pins have developed there, for some, around the cultivation of aromatic plants for the perfumers of Grasse, for others, the breeding or market gardening.

The setting up of Sophia Antipolis in 1969, and the deployment of hundreds of companies, researchers and universities, gave a boost to the communities of this amphitheatre of hills overlooking the sea.

Behind the hills are the white cliffs of the «Baous», you will find beautiful villages such as Gourdon, Caussols, Tournettes-sur-Loup, le Bar-sur-Loup, and Courmes. These are real balconies over the hills and the sea, which clearly claim their difference. Huddled within their ancient walls, they are bastion villages. Higher up, behind the limestone plateaus that make the transition to the high country, are the mid-mountain villages, grouped around the Cheiron mountain: Cipières and Gréolières, but also Coursegoules, Bézaudun-les-Alpes, Bouyon et les Ferres, Conségudes and la Roque-en-Provence. Whether in the southern hills, in the villages of Le Loup, or in those of the high country, you will find a varied hotel trade, restaurants featuring Provençal local products, welcoming villages with their festivals and traditions, and a variety of activities.

This very illustrated guide also gives pride of place to the inhabitants of these territories that we have highlighted through interviews. Craftsmen, artists, restaurateurs or producers, they are all in love with their region and are delighted to share their respective passions with the readers.

About French Departments collection : with this Départements collection [58 titles], Le Petit Futé invites its readers to discover the France of terroirs with an editorial line openly focused on local green tourism. An original way to discover France off the beaten track with numerous sections reviewed and corrected every year such as: points of interest, must-see places, history, local children, geography, nature, unusual places, themed tours, gourmet addresses, accommodation, good tips, etc.. Today, Le Petit Futé offers its entire catalogue in a digital version available on all download platforms. Le Petit Futé remains to this day N°1 in sales of tourist and practical eBooks in France and on the entire French-speaking market.

Useful informations : PRE-ALPES D'AZUR 2020-2021 - Petit Futé - Digital version for free - 192 pages
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